## **REPORT ON BASIC LIFE SUPPORT SESSION-INS VENDURUTHY**

INS Venduruthy conducted a workshop for teachers on Basic Life Support and Casualty Evacuation on 4th November 2023, Saturday from 0730 hrs to 1330 hrs. The session commenced with a welcome address by Ms Gauri Vijay.



Surg Capt Anil Pillai, his team and staff NCS, Kochi

Surg Capt Anil Pillai PMO INS Venduruthy along with his competent team conducted a Basic life support and Casualty Evacuation training programme for teachers of NCS Kochi. Surg Lt Cdr Manoj, specialist in Marine Medicine was also present during the occasion. The interactive session conducted for the primary teachers of NCS Kochi, at Radhakrishna Hall covered topics regarding CPR, first aid for wounds, bleeding, burns, snake bite, electric shock and casualty evacuation. Medical assistants and lady staff of MI room Venduruthy demonstrated life saving techniques of administering CPR , securing different types of bandages for a variety of injuries and how to evacuate a casualty.



Surg Capt Anil Pillai engaging with the teachers of NCS, Kochi

Surg Capt Anil Pillai, Principal Medical Officer INS Venduruthy made the session engaging for teachers of NCS Kochi, through demonstrations, quizzes and hands on experiences of basic life support medical procedures.



Teachers being assisted by medical assistants and lady staff of MI room INS Venduruthy



## **Casualty Evacuation - demo**



The workshop concluded with a vote of thanks proposed by Ms. Smitha Nambiar who expressed her gratitude to the esteemed resource person, other dignitaries and the organizers of the event.