

*Nation First, Always First*



**INDIA**  
**INDEPENDENCE DAY**

# NAVY CHILDREN SCHOOL, KOCHI

# FREEDOM

11 AUG 2023  
0630Hrs

# RUN

SOUTHERN  
NAVAL  
COMMAND



HAPPY

**INDIA**  
INDEPENDENCE DAY

JAI HIND





# NAVY CHILDREN SCHOOL, KOCHI

FREEDOM RUN 2023

EMERGE AND EMPOWER.. RUN FOR INDEPENDENCE

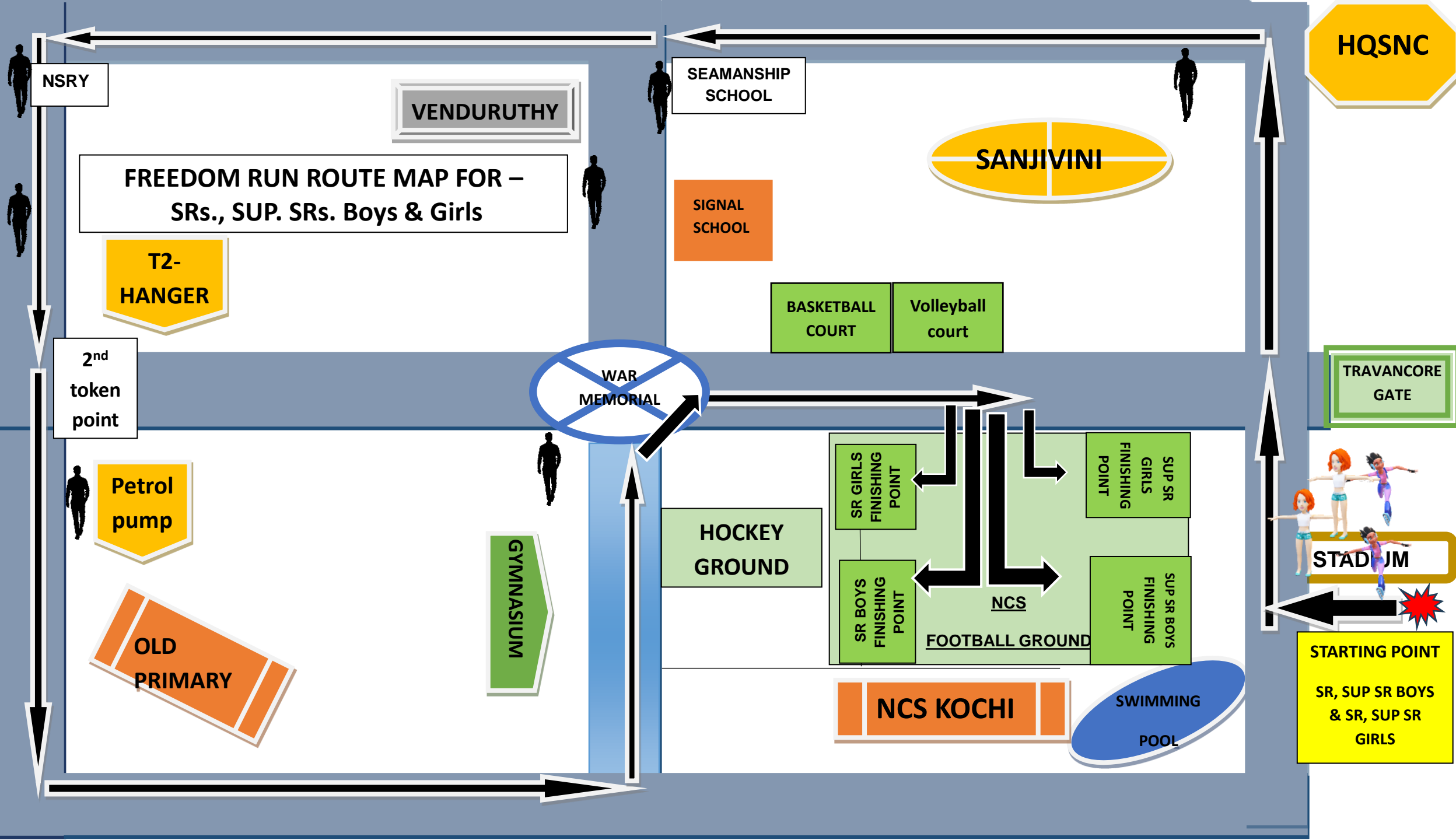


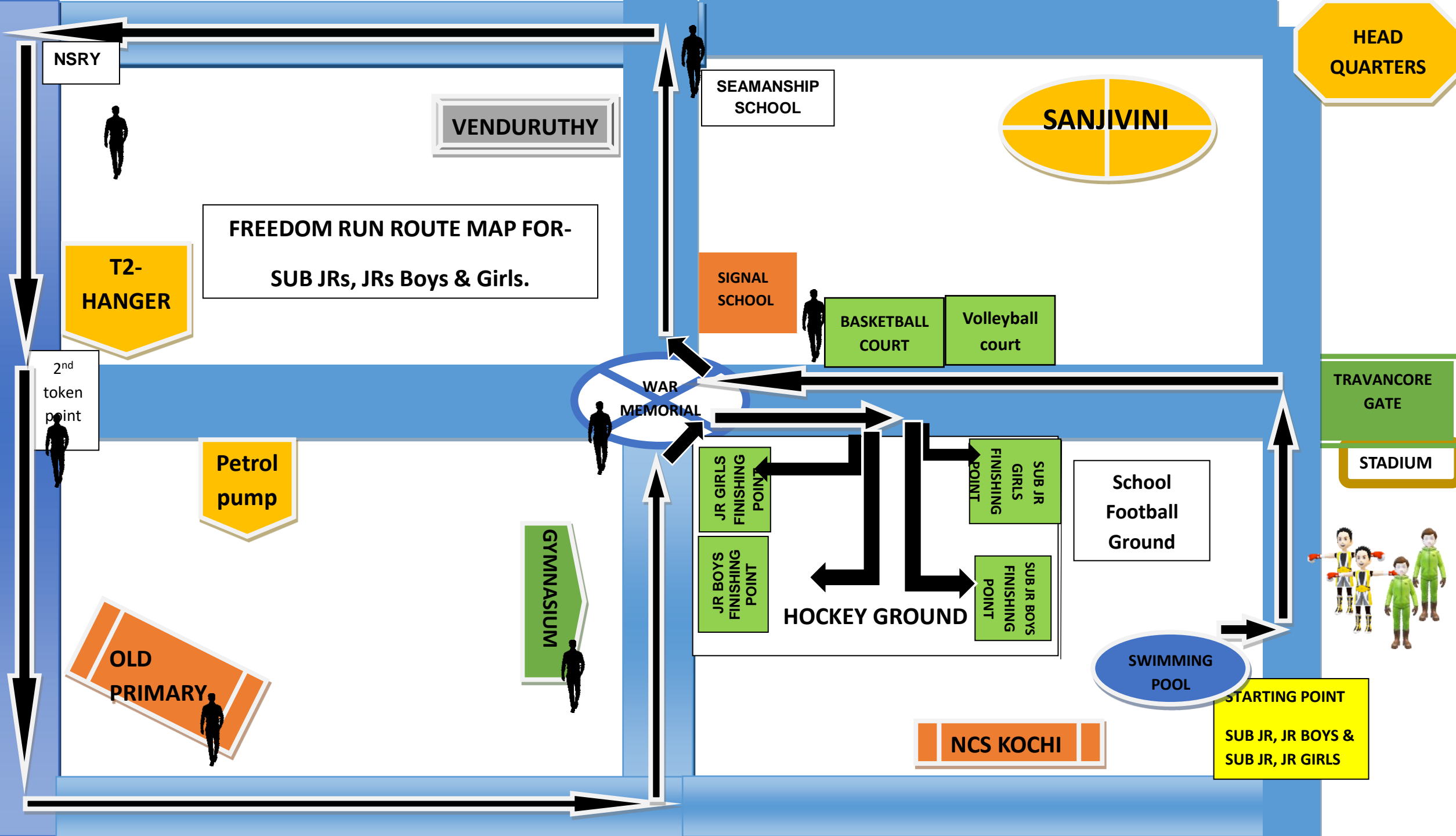
भारत 2023 INDIA

वसुधैव कुटुम्बकम्

ONE EARTH • ONE FAMILY • ONE FUTURE







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VENDURUTHY

FREEDOM RUN ROUTE MAP FOR  
KIDDIES

T2 HANGER

SEAMANSHIP  
SCHOOL

SIGNAL  
SCHOOL

CLASS V  
FINISHING

CLASS IV  
FINISHING

BASKETBALL  
COURT

VOLLEYBALL  
COURT

SANJIVINI

WAR  
MEMORIAL

2<sup>nd</sup>  
token  
point

Petrol  
pump

GYMNASIUM

HOCKEY GROUND

NCS  
FOOTBALL  
GROUND

SWIMMING  
POOL

OLD NCS  
PRIMARY

NCS KOCHI

STARTING POINT  
Gate no 1

HQSNC

TRAVANCORE  
GATE

STADIUM



## FREEDOM RUN- INSTRUCTIONS

**DATE** : 11 AUG. 2023  
**TIME** : 6.45 AM  
**REPORTING TME** : 6.30 AT DIFFERENT STARTING POINTS  
**DRESS** : HOUSE T-SHIRT WITH SHORTS/TRACK SUIT.

## **AFTER RACE CHANGE INTO SCHOOL UNIFORM.**

**STARTING POINT** : THREE PLACES –

1. STATION STADIUM –  
Flag Off- Boys (Srs and Sup Srs.)  
- Girls(Srs. and Sup Srs.)
2. SWIMMING POOL  
Flag Off- Boys (Jrs and Sub Jrs.)  
- Girls(Jrs. and Sub Jrs.)
3. SCHOOL GATE – CLASSES- IV & V

**FINISHING POINT** : SENIOR & SUPER SENIOR BOYS/GIRLS – FOOTBALL GROUND  
: SUB JUNIOR & JUNIOR BOYS/GIRLS – HOCKEY GROUND  
: KIDDIES – CLASS IV-COMMAND VOLLYBALL COURT(NR WAR MEMORIAL)  
– CLASS V-COMMAND BASKETBALL COURT(NR WAR MEMORIAL)

**TOKEN : STUDENTS HAVE TO COLLECT TWO TOKENS**

- 1. ONE FROM STARTING POINT**
- 2. SECOND FROM T2 HANGER**

**PRIZES : Prizes will be distributed immediately after the race.**

**(1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> PRIZES + 5 CONSOLATION PRIZES from each category)**

**OVERALL HOUSE : SUM TOTAL OF FIRST 25 FROM EACH HOUSE.**

**Students have to make their own arrangements to come to school.**

**After class buses will ply as usual**

**Refreshments will be provided at different finishing points.**



**FREEDOM RUN 2023**  
**AGE CATEGORY**

**GROUP**

**DATE OF BIRTH**

**SUPER SENIOR**

BORN ON OR AFTER 01/01/2005

**SENIOR**

BORN ON OR AFTER 01/01/2007

**JUNIOR**

BORN ON OR AFTER 01/01/2010

**SUB- JUNIORS**

BORN ON OR AFTER 01/01/2012

**KIDDIES**

CLASS WISE (IV & V)

	MINUTE BY MINUTE PROGRAMME – FREEDOM RUN 11 AUG 2023		
SI No	Time	Event	Remarks/venue
1	0630 hrs.	Reporting time of participants	At School
2	0640hrs	Reporting time of participants at various starting points	Participants report at various points and collect token from officials.
3	0645hrs	Arrival of Chief Guest	Receiving the Chief Guest at command Stadium main Entrance By director NCS, Principal
3	0650hrs	Flag Off- Boys (Srs and Sup Srs.) - Girls(Srs. and Sup Srs.)	In front of the Command Stadium , Flag off by Chief- Guest
4	0655 hrs.	Flag Off- Boys (Jrs and Sub Jrs.) - Girls(Jrs. and Sub Jrs.)	In front of the Command Swimming Pool , Flag off by Chief- Guest
5	0700 hrs	Flag Off- Kiddies Boys& Girls	In front of the Main School (Gate no1) , Flag off by Chief- Guest
6	0745 hrs	Finishing of Races – (Approximately)	At Various Finishing Points- Judges will collect results
7	0745hrs	Refreshments for students	Various Finishing Points
8	0815 hrs	Prize distribution	School football ground
9	0910hrs	Normal Class begins	Students

## **STEPS TAKEN FOR SAFETY MEASURES FOR FREEDOM RUN-2023**

1. In the special staff meeting, details and safety aspects of freedom run will be explained to the teachers
2. All Teachers will be deputed at different points for the safety and security of the participants.
3. Deputed teachers will show directions for the participants as per the route map
4. All School Leaders will also be deputed to assist teachers at various points.
5. The school will request all the concerned establishments to take necessary steps for safety and security of the students
6. The School will request the Regulating Office to control traffic at all important traffic points.
7. Admin staffs also will be deputed at different points to control traffic.
8. INHS Sanjivini Hospital's Ambulance and emergency team will see to any emergency situation.
9. Route –Map will be shared in class groups, Entab and will be displayed and explained to the students.
10. Safety and security team will be looking after all the aspects of Freedom Run 2023.



**THANK YOU**

